



THE CHARACTERS

8 ELM STREET, TORONTO, ONTARIO M5G 1G7 CANADA • TEL: 416-964-8522 • FAX: 416-964-8206

SARENA PARMAR

Height: 5'2" Hair: Black

Weight: 105 Lbs. Eyes: Brown

ACTRA/CAEA

CONTACT: BRYAN MISENER

FILM & TELEVISION

*THE ANIMAL PROJECT

RADIO REBEL

COVERT AFFAIRS

DEGRASSI (2 Eps)

THE BORDER

FLASHPOINT

HOW TO BE INDIE (2 Seasons)

X-POD

*Official Selection Toronto Film Festival -2013

Lead
Lead
Principal
Guest Star
Guest Star
Guest Star
Series Regular
Lead

Ingrid Veninger
Disney/Peter Howitt
USA/Jamie Barber
CTV/Noggin/Samir Rehem
CBC/Holly Dale
CBS/CTV/Holly Dale
Indie 1 Inc/YT/Various
Xenophile/CBC/Chris Smetts

SELECTED THEATRE

ANTONY AND CLEOPATRA

ALICE THROUGH THE LOOKING GLASS

LOVE'S LABOUR'S LOST

MAHABRATA (Workshop)

KOMAGATA MARU (Devised Workshop)

LOST VOICES

IPHIGENIA AT AULIS

HAMLET

BENEATH THE BANYAN TREE

THE BOX SOCIAL

ROMEO & JULIET

FOOL'S GOLD

A MIDSUMMER NIGHT'S DREAM

TBD
Rose
Princess
Kunti/Various
Ensemble
Nabeela
Chorus
Ophelia
Anjali (Lead)
Sylvia (Lead)
Juliet
Isabella
Cobweb

Stratford Festival/Gary Griffin
Stratford Festival/Jillian Kelley
Birmingham Conservatory/Martha Henry
Tarragon/Richard Rose
WhyNot Theatre/Ravi Jain
Theatre Centre/Ed Roy
Summerworks/Alan Dilworth
Forward Theatre/CS Legacy
Theatre Direct/Lynda Hill
Preface Theatre/Nicole St Martin
Forward Theatre/CS Legacy
Metaphysical Theatre/David Langlois
CanStage/Ahdri Zhina Mandiela

TRAINING

Birmingham Conservatory For Classical Theatre - 2014

On-Camera Acting

Lewis Baumander

Singing

Helga Tucker (4 Yrs Classical Singing.), David Dunbar

NATIONAL THEATRE SCHOOL – GRADUATED 2007

RELATED TRAINING

SUMMER LAB INTENSIVE

One Yellow Rabbit, Calgary, Alberta

COMEDIA DELL'ARTE

Scuola Internazionale Dell'Attore Comico, Reggio Emilia, Italy

SPECIAL SKILLS/INTERESTS

Operatic Singing (Soprano), Writing, Dancing, Commedia dell'arte, Balloon Animals

Dialects: RP – Standard British, Yorkshire, East Indian, Arabic